

GPC VIRTUAL COACHING PRICING PLAN

FROM THE ZONE TO YOUR PHONE

TIER 3 | \$19.99 PER MONTH

- Assessment
 - Personalized corrective exercise program based on assessment results.
 - Training program tailored around the golf season that takes you through movement prep, strength training, tournament maintenance, and more.
 - Direct messaging and video communication with your designated coach.
 - Progress tracking, tutorial videos and descriptions.
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TIER 2 | \$49.99 PER MONTH

Tier 3 Benefits +

TWO 15-minute video check-ins per month with your GPC Performance Coach

TIER 1

\$99.99 PER MONTH

Tier 3 Benefits +

FOUR 15-minute video check-ins per month with your GPC Performance Coach

Nutrition consulting and education around golf and physical performance.